

Attendant Care.

What is Attendant Care?

- In the State of Texas, Attendant Care is also called **Community Attendant Services (CAS)**
 - CAS is a medical related personal care service that can help adults and children with ADL's (activities of daily living).
 - CAS services are provided by attendants, but they do not have a medical license.
- It is available to eligible adults and children whose health problems cause them to be limited in doing activities of daily living. Your doctor will have to provide a practitioner's statement of medical need to give their approval for these services.
- You may also hear people call attendant care "respite care". The terms are alike, but respite care is focused on children in Waiver Programs.
- For children with disabilities, there are 2 main types of Attendant Care:
 1. Personal Care Services (PCS). In adult insurance programs, PCS is called Personal Assistance Services (PAS)
 2. Community First Choice (CFC)

What are Personal Care Services (PCS)?

- Medicaid service that helps people with everyday tasks. These tasks are called activities of daily living (ADLs) and instrumental activities of daily living (IADLs).
- Examples of ADLs: bathing, eating, help with going to the bathroom, dressing, and help with walking.
- Examples of IADLs: laundry, light housework, and making meals
- PCS does not involve:
 - Help with acts that a child of the same age could not do without adult supervision
 - Respite care, childcare, monitoring, supervision, or restraint (holding of the child so they do not hurt themselves or others.)

Who can get PCS services?

- Must have a long-term disability, physical or mental health issue that has been confirmed by a doctor.
- Must complete an assessment (in-person visit and forms to fill out) to see if your child is eligible.
- Your Medicaid insurance plan or your waiver will assess what level of assistance is needed.
- To learn more, or for questions about the PCS benefit, call the Texas Medicaid & Healthcare Partnership PCS Client Line toll free at **888-276-0702**, Monday through Friday, 7 a.m. to 7 p.m.
- For STAR Kids Members, call your Service Coordinator (SC).
- For those in a waiver, call your Waiver SC or Case Manager (CM).

What are Community First Choice (CFC) services?

- Services are like PCS
- Your child must also have a certain level of medical need to get CFC services
- There is also the choice of habilitation services which help teach self-care.
- For more information, or for questions regarding CFC, STAR Kids Members can call their (Managed Care Organization) MCO SC.
- For those in a waiver, call your Waiver SC or CM.

How does my child receive the services?

- After enrolling in PCS or CFC, there are 2 main choices to get the services:
 1. **Agency Option:** You choose an agency, and that agency has full control of the hiring, firing, and paying of your child's attendant.
 2. **Consumer Directed Services (CDS) Option:** You choose a Financial Management Company (FMSA). The FMSA handles the budget but you are in charge of finding the person/people you would like to hire.
 - You keep the documentation, make the attendant's schedule, and keep a timecard to turn in to the FMSA for the attendant to get paid.