

Home Safety Checklist

Please review the following information with your healthcare provider to determine how to best take steps to keep your child safe. This list is meant to serve as a guide.

Lock up all medications

- Over-the-counter and prescription medications, as well as vitamins
- Dispose of medications you no longer need, and keep track of quantities of medication

Secure Firearms

- Outside of the home, secured in a gun safe
- If this is not possible, lock unloaded firearms securely and separately from ammunition

Lock up all sharps and other potentially dangerous items

- Sharps include knives, scissors, razors, pencil/eye-liner sharpeners, removable corners of picture frames, safety pins, screws, nails and needles
- Car keys, ropes, ties, scarves, belts, extension cords, household cleaners and bleach
- Consider items in the home and in the garage
- Do not allow access to alcohol or drugs within the home

Work with your child to address safety and their belongings

- Child's room, favorite rooms in the home, school locker and desk
- Backpack/purse, desks/drawers, closets, corners of carpet, hollow curtain rods, inside pillow cases and zippered pillows, pants and jacket pockets and soles of shoes

Take the same precautions in the homes of friends and family as needed.



**4 out of 10
suicides**

**may be prevented by
limiting access to means**

Source: American Foundation for
Suicide Prevention, afsp.org/didyouknow

Resources

- www.hsph.harvard.edu/means-matter
- www.yspp.org/about_suicide/means_restriction.html
- Common places to purchase lock boxes include Amazon.com, Walmart, Home Depot, Target, Sears, Staples, and Lockmed.com

