

TRANSITION GOALS

The below items are recommended to be completed 3-6 months before anticipated transition date.

- Release of Information signed with Children's
- Your Children's provider will assist you in identifying a new provider and discuss the transition with you and your child
- Updated patient demographic data shared with Children's
- Medical Information prepared
 - Health Summary
 - 3 recent routine visit notes
 - Green laboratory form
- Eligibility Documents
 - Insurance card
 - Picture ID
 - Proof of residence (utility bill with postmark)
 - Proof of income, or letter of support
- Initial appointment with adult provider made

Goals

In addition to the checklist items above, it is important for you and your child to complete the recommended goals. Your Epilepsy Care Team will work with you and your child to address each goal.

Knowledge of Health Condition & Medications

- Interacts directly with care team (e.g. asks questions)
- Describes type of seizures
- Explains why seizures occur
- Describes important symptoms associated with seizures
- Verbalizes names and dosages of medications (including folic acid and vitamin D)
- Verbalizes understanding of the purpose of each medication
- Provides medical history independently

Manages Health Condition Independently

- Describes health-related rights (e.g. privacy, communication, etc)
- Agreed or not agreed to sign release of information to parent/guardian
- Describes process in obtaining prescription refill
- Identifies members of health team/ how to contact them
- Verbalizes when/how to call health care provider
- Describes process for making own appointments
- Verbalizes when/how to access urgent care
- Discussed process for arranging transportation for appointments

Engages in Wellness Behaviors

- Identifies rationale for taking medications as prescribed
- Verbalize a medication adherence plan (e.g. how to remember medications)
- Identifies factors/situations that may hamper adherence
- Identifies risks of alcohol, drugs, tobacco use and possible drug interactions
- Identifies and verbalizes how to access mental health care
- Articulates Texas Law regarding driving restrictions
- Identifies risks for sexually-transmitted infection risks
- Identifies interaction between contraceptives and anti-epileptic drugs

Knowledge of Health Insurance & Community Resources

- Describes current insurance coverage
- Applied or re-applied for Social Security, if applicable
- Identifies plan for insurance coverage for upcoming year
- Describes a plan for the future (e.g. school, work)
- Identifies accommodation needs for school/work
- Identifies at least two people to ask for assistance when needed